

**QUIZ for CE Credit**  
**Best Practices in Suicide Prevention for High Risk Populations in Berkshire County**  
**September 10, 2020 8:30AM – 4:30PM**

PARTICIPANT NAME (Please type or print): \_\_\_\_\_

DATE COMPLETED: \_\_\_\_\_

Please list 3 Health Factors that could increase a person's risk of suicide.

- 1.
- 2.
- 3.

According to the World Health Organization, the number of people who die by suicide world wide is

- a. 5,000
- b. 10,000
- c. 800,000

"Contracting for safety"/"no-suicide contracts" which asks someone to agree/promise verbally or in writing that they will not take their own life is NOT recommended. Instead, what IS recommended to be developed with someone at risk for suicide?

Suicide is the \_\_\_\_\_ leading cause of death for people age 10-24.

- a. 5<sup>th</sup>
- b. 2<sup>nd</sup>
- c. 1<sup>st</sup>
- d. 9<sup>th</sup>

The Suicide Prevention Pathways Program (SPPP) was designed to provide the following short-term interventions:

- a. Safety planning
- b. Counseling on Access to Lethal Means
- c. Facilitate warm hand-offs to appropriate services
- d. All of the above

Identify 3 risk factors law enforcement tend to have that increase their risk for suicide.

Identify 3 risk factors for suicide that job related trauma can create for law enforcement.

Identify one cultural change that could help reduce suicide risk for law enforcement.

First responders (paramedics, ER nurses, physicians, PAs and NPs) are trained in lethal means counseling for Suicide Prevention. True or False